



320 South Griggs Street
St. Paul, MN 55105
www.macgrove.org

Phone: 651-695-4000
Fax: 651-695-4004
E-mail: mgcc@macgrove.org

March 24, 2009

Councilmember Pat Harris
310-C City Hall
15 Kellogg Boulevard, West
St. Paul, MN 55102

Dear Councilmember Harris:

The Macalester-Groveland Community Council Environment Committee, the Summit Hill Association Environment Committee, and the Grand Avenue Business Association (GABA) would like to invite you to take our Golden Shoe challenge this spring. We are about to kick off the 4th Annual *MacGrove Moves* program and Golden Shoe Hunt and we need you!

Enclosed you will find the article titled, 'Golden shoes promote healthy lifestyles, walkable communities,' to let you know about what folks in Cambridge, Massachusetts—from the mayor, to members of the city council, to the 'meter maids'—are doing to inspire residents to get moving and instill healthy habits. We would like to encourage you, and all members of the St. Paul City Council, to wear Golden Shoes to your April 29, 2009 city council meeting! Feel free to create your own golden shoes (a can of spray paint and a cheap pair of sneakers in your size from Goodwill or Savers will do!) or let us know if you'd like our support in tracking some down for you.

On the other side of this letter, you will find more information regarding:

Golden Shoe Hunt

MacGrove Moves—new collaboration with SHA and GABA

Bike Hitches on Grand Avenue

Grand Old Day

Please feel free to contact MGCC with any questions at 651-695-4000 . We look forward to your support in this exciting opportunity!

Sincerely,

Environment Committee of the
Macalester-Groveland Community Council

Join the Third Annual MacGrove Moves Golden Shoe Hunt!

Slip on your shoes. Dust off your bike. Join the Hunt. To promote walking and biking in the neighborhood, during each of the first three weekends in May 2009, a golden shoe will be hidden in an area where people walk, jog or bike in Macalester-Groveland. If you find one of the golden shoes, bring it to the MGCC office at 320 S. Griggs, and win a pair of running/walking shoes generously donated by St. Paul's Fun N Run. For more information visit www.macgrove.org or call the MGCC office at 651-695-4000.

Get Ready to Move!

Spring is around the corner, and we challenge you to join the growing number of neighbors making Macalester-Groveland an even better place to live! Get fit, save money, and reduce global warming by challenging yourself to roll or stroll where you need to go! The fourth annual *MacGrove Moves* program kicks off this spring. Last year participants avoided over 1,000 car trips in our neighborhood. Join *MacGrove Moves* to get fit, help reduce greenhouse gas emissions, reduce traffic congestion, instill healthy transit habits, and build community by getting out and about in our neighborhood.

To participate leave your car at home, and walk, jog, or bike to your destination at least 15 times before August 12, 2009. Download an official *MacGrove Moves* log sheet to record your trips at www.macgrove.org; pick up a log sheet at Edgumbe or Groveland Rec Centers, or look for them at MGCC events this spring.

When you return your completed log sheet, you will be entered in a drawing to win fantastic prizes generously donated by an array of neighborhood businesses.

MacGrove Moves - now Summit Hill too!

The Summit Hill Association (SHA) Environment Committee is excited to be collaborating with the Macalester Groveland Environment Committee on this program for the very first time. They will be helping promote the 4th annual *MacGrove Moves* program and neighbors of Summit Hill, as well as neighbors throughout the city, are invited to participate!

Bike Hitches Make Taking the MacGrove Moves Challenge Even Better!

Not only is biking in the neighborhood convenient and fun; now bike parking will be too! Check out the over 150 new bike hitches to be installed this spring along Grand Avenue between Cretin to Dale. For more information about the bike hitches, contact GABA (Grand Avenue Business Association) at 651-699-0029.

Grand Old Day Goes Green!

The 2009 Grand Old Day parade theme is: It's Grand Being Green! Expect to see parade entries that use the color green, floats made of recyclable materials and recycled or re-used products, parade participants walking or biking instead of riding, costumes from second hand stores, and information about environmentally friendly efforts! A panel of judges will award the "Best in Show" trophy to the best parade entry. The parade begins at 10am at Fairview and ends at Dale. Visit www.grandave.com/grandoldday for more information and a full listing of activities.